



2021-2022 ACADEMIC YEAR

SUFFIELD ACADEMY TIGER PRIDE PROMISE

FOR STUDENTS, FACULTY, & STAFF

Suffield Academy's central values include respect, kindness, and genuine concern for others. A strong sense of community rests at the core of our school. As we navigate the COVID-19 pandemic we must rely on each other to stay well. Social distancing, wearing masks, and good hand hygiene are keys in helping prevent the spread of the virus. These are cornerstones in our overarching goal of protecting all individuals in our community

During the 2021-2022 academic year, all members of the Suffield Academy community promise to do the following:

PROTECT MYSELF

- Wear a mask/face covering indoors when you are out of your dormitory room, home or office, and outdoors when you cannot maintain appropriate physical distance from others.
- Practice excellent self-care including [but not limited to] frequent hand-washing and use of hand sanitizer, social distancing on and off campus, and respectfully following guidance from Suffield Academy and the State of Connecticut.
- Monitor for the symptoms of COVID-19 through Suffield's daily health symptom program. Seek care and report to the health center or a supervisor if you experience COVID-19 symptoms that could include feeling feverish [>100.4], new uncontrolled cough, shortness of breath, chills, muscle or body aches, headache, sore throat, nausea, vomiting, or loss of taste or smell.
- Get vaccinated for the flu.

PROTECT OTHERS

- Wear a mask/face covering indoors when you are out of your dormitory room, home or office, and outdoors when you cannot maintain appropriate physical distance from others.
- Maintain proper social distancing in all spaces.
- Stay home and report to the health center or a supervisor if you are feeling ill or think you have been exposed to someone who tested positive for COVID-19.
- Look out for others and encourage all to follow our commitment to each other. Be kind, sensitive, and caring.
- Get vaccinated for the flu.

PROTECT OUR COMMUNITY

- Wear a mask/face covering indoors when you are out of your dormitory room, home or office, and outdoors when you cannot maintain appropriate physical distance from others.
- Keep personal belongings, clothing, and shared common spaces clean and tidy.
- Know exposure to others in large groups can impact our community. Maintaining social distance and avoiding unnecessary gatherings of people are key. All large social gatherings should be avoided both on and off campus.
- Participate in testing and contact tracing when required to help keep our community healthy.
- Carefully follow and respect all signage intended to create safe distances and allow us to share our campus.
- Get vaccinated for the flu.

TOGETHER WE CAN MAINTAIN A STRONG AND SAFE SUFFIELD COMMUNITY!